The Monthly Landing

MOOSE JAW SKATING CLUB - SEPTEMBER 2022

WELCOME

Welcome to your new monthly E-News letter. Here you will find valuable information about events, dates, deadlines, and schedule changes. The hope is to provide more information and to reduce confusion! Keep an eye on your inbox.

SUMMER CAMP

This year MJSC put on a very successful Summer Camp at the Moose Jaw Event Center. We offered a verity of new team training sessions. We also welcomed guest coaches Garrett Gosselin from Skate Regina and Bobbi Magee from Calgary Winter Club.

NFWS

MJSC now offers CanPower Skate. This is nationally recognized hockey & ringette skills development program is coached by our very own Skate Canada Certified CanPower Skate coaches. Sarah Riendeau & Amanda Wray.

CanSkate

This year we are excited to go back to the flexible Canskate schedule. Like pre-COVID days you will have the option to attend any of the 3 weekly sessions within that block

Pre Season Block September 14 - October 12

Block One October 15-November 13

Block Two November 16-December 18

Block Three January 4-February 5

Block Four February 8-March 12

CanPower Skate

CanPower Skate is a Skate Canada program that is designed to enhance the skating skills need for both hockey and ringette players in the Learn to Train stage of development

MJSC is now offering CanPower Skating two sessions a week

Sundays at 7-8 PM Wednesdays at 4:30-5:30 PM

CanPower Skating is open to all ages but targets the U7, U8, U9 & U11

Remember anyone who skates in any of the five blocks can and is encouraged to participate in the year end Ice Show!

Registration for Fall CanSkate & CanPower Skate is OPEN!!

www.moosejawskatingclub.ca

September 2022 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	FRI	SAT
				1 - MJEC 6:45-7:30 B/S/G Team 7:30-8:00 B/S/G Dance 8:00-8:30 B/S/G Edge 8:30-8:45 Flood 8:45-9:30 B/S/G Open	2	3
4	5	6 – MJEC 5:30 – 6:15 B/S/G Team 6:15 – 6:45 B/S/G Dance 6:45-7:15 B/S/G Edge 7:15-7:30 Flood 7:30-8:30 B/S/G Open	7 – MJEC 6:00-6:45 B/S/G Open 6:45-7:15 B/S/G Step/Turns 7:15-8:00 B/S/G Open	8 – MJEC 4:30 – 5:15 B/S/G Team 5:15 – 5:45 B/S/G Dance 5:45-6:15 B/S/G Edge 6:15-6:30 Flood 6:30-7:30 B/S/G Open	9	10
11	12 – Kinsmen 5:45-6:30 B/S/G Open 6:30-7:15 B/S/G Team 7:15-7:45 B/S/G Edge 7:45-8:00 Flood 8:00-8:45 Competitive	13 – Kinsmen 5:45-6:30 B/S/G Open 6:30-7:15 B/S/G Team 7:15-7:45 Star 5+ Dance	14 – Kinsmen 4:30-5:30 CanPower 5:30-5:45 Flood 5:45-6:30 CanSkate 6:30-6:45 Flood 6:45-7:30 B/S/G Open	15	16	17
18 – Kinsmen 10:00-12:00 Competitive Sims (MJEC) 6:15-7:00 CanSkate 7:00-8:00 CanPower	19 – Kinsmen 5:45-6:30 B/S/G Open 6:30-7:15 B/S/G Team 7:15-7:45 Star 5+ Dance	20	21 – Kinsmen 4:30-5:30 CanPower 5:30-5:45 Flood 5:45-6:30 CanSkate 6:30-6:45 Flood 6:45-7:30 B/S/G Open	22	23	24
25 - MJEC 10:00-12:00 Competitive Sims	26 – Kinsmen 5:45-6:30 B/S/G Open 6:30-7:15 B/S/G Team 7:15-7:45 B/S/G Edge 7:45-8:00 Flood 8:00-8:45 Competitive	27 – Kinsmen 5:45-6:30 B/S/G Open 6:30-7:15 B/S/G Team 7:15-7:45 Star 5+ Dance	28 – Kinsmen 4:30-5:30 CanPower 5:30-5:45 Flood 5:45-6:30 CanSkate 6:30-6:45 Flood 6:45-7:30 B/S/G Open	29	30	

This year we were all very excited to be able to offer summer ice here in town, as a

bonus we got to skate at Moose Jaw Event Center formally Mosaic Place.

We offered a variety of new team training sessions, such as Edge Class, Dance Class, Jump and Spin Class.

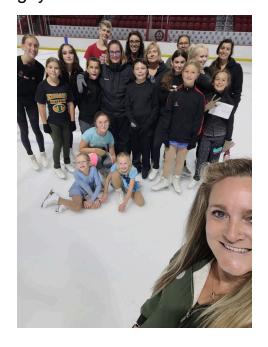
The skaters all got to participate in 2 weekly Ballet sessions instructed by Miss. Alana from Passion for Dance (in Moose Jaw) 2 Off ice classes instructed by Coach Bree and 1 Planned Program session/competition warm up.

On ice in the second week, we welcomed Garrett Gosselin from Skate Reina who shared is choreography and edge skills with the skaters. As well Bobbi Magee from The Calgary Winter Club joined up all of week 2 to teach dance, skills, edges and turns. We are so thankful for both Garrett and Bobbi for coming!

Up Coming Dates

- Pre-Season CanSkate & CanPower Skate starts Wednesday September 14 @ KINSMEN
- All sessions will be at the KINSMEN as of Monday September 12
- Competitive SIMS starts
 Sunday September 18
 and will be held at MJEC
 @ 10 AM

Along with a successful STARskate summer program we offered CanSkate and rolled out CanPower Skating. Both were well received. It was so nice to see all those little guys back on the ice.

















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Any questions can be sent to misc@live.ca





Welcome Back
See you at the rink!